CONTENTS

	Page
INTRODUCTION	1
HOW TO USE	. 2
A GUIDE FOR PRACTICING ANY SCALE, CHORD, PATTERN OR IDEA	3
HOW TO BEGIN PRACTICING WITH THE RECORD	
EIGHTH-NOTE EXERCISES AND SWING	. 10
BEGINNING TO IMPROVISE FOR THE FIRST TIME	14
CHECK LIST FOR IMPROVISATION	15
EXTENDING YOUR RANGE	15
DEVELOPING CREATIVITY	. 16
EAR TRAINING	. 16
PENTATONIC SCALE AND ITS USE	. 17
CHROMATICISM	. 19
PLAYING THE BLUES	. 23
THE BLUES SCALE AND ITS USE	. 26
SEVENTH CHORDS	. 27
TIME	. 28
MELODIC DEVELOPMENT - TENSION AND RELEASE	29
RELATED SCALES AND MODES	. 31
POINTS TO KEEP IN MIND WHEN IMPROVISING	. 32
STANDARD JAZZ TUNE LIST	. 32
ARTICULATIONS	33
SCALE SYLLABUS	. 36
LIST OF SCALES - MINOR, MAJOR AND DOMINANT SEVENTH	. 37
LIST OF SEVENTH CHORDS - MINOR, MAJOR AND DOMINANT SEVENTH	. 38
MUSIC FUNDAMENTALS TO KEEP IN MIND WHEN IMPROVISING	. 38
ESSENTIAL RECORD AND BOOK LIST	. 39
SUPPLEMENT SECTION	
TEN BASIC PATTERNS/EXERCISES	. 1
CONCERT CHORD/SCALE PROGRESSIONS - TREBLE CLEF	. 2
Bb INSTRUMENTS - TRANSPOSED CHORD/SCALE PROGRESSIONS Bb	
Eb INSTRUMENTS - TRANSPOSED CHORD/SCALE PROGRESSIONS Eb	
BASS CLEF INSTRUMENTS CHORD/SCALE PROGRESSIONS ():	
PRACTICAL EXERCISES FOR EACH RECORDED TRACK	
BLUES MELODIES FOR BLUES IN F AND Bb	
BLUES MELODIES FOR BLUES IN F AND Bb (includes transposed parts	21
TRANSPOSED PARTS FOR FIRST 20 MUSICAL EXERCISES (see Page 5)	. 25

Book cover design by Pete Gearhart

Copyright © 1967 by Jamey Aebersold, this revised 5th edition copyright © 1979 by Jamey Aebersold. All rights reserved International Copyright Secured. No portion of this book may be reproduced in any way without express permission from the author.

Published by: Jamey Aebersold Dr. 1211 Aebersold Dr. New Albany, Ind. 47150
Printed in U.S.A.